

COACHES INFO ~ Summer 2026 Season

FRIDAY NIGHT LIGHTS YOUTH FLAG FOOTBALL



- **RULES:** See attachment (Read and re-read carefully)
- **PRACTICES** (before your game)
RECOMMENDED: Find your own spot and be respectful of those around you.
- **GAMES**
 - Poinsettia Park - 6600 Hidden Valley Rd. Carlsbad, CA 92011
- **OPENING NIGHT – Friday, 6/12/26**
 - 4-game season over 3 weeks, with double headers + single elimination playoffs 7/24.
- **UNIFORMS**
 - Team jerseys, footballs, and flags will be distributed at the Coaches Meeting, **June 2nd** at the **Harding Center Auditorium - 3096 Harding Street, Carlsbad 92008**. Starting at 4:00-5:30. The coaches meeting will follow from 5:30-7:30.
 - **Players provide their own plain black no pockets shorts!**
 - Questions: contact Mike at nccfnl.services.com.
 - FNL does not have the ability to ensure ALL jerseys are the PERFECT sizes, so please reach out to a tailor if you need to adjust the size.
 - If you are unable to pick up your items on 6/2, the next opportunity to get them will be at *6763 Lonicera Street, Carlsbad, CA 92011*.
- **EQUIPMENT PROVIDED FOR EACH TEAM**
 - 2 FNL footballs for each team and one set of flags per player.
 - Items to be picked up at the Coaches Meeting on 6/2.
 - If you are unable to pick up your items on 6/2, please send a representative. The next opportunity to get them will be on game day, Friday, **6/12** at the FNL tent on the field.

COACHES TO DO LIST:

1. Email and call ALL your players within 24 hours of getting your roster.
2. If you cannot reach a particular player, email or call the league ASAP.

Good Coaches:

1. Give the ball to every player twice per half.
2. Email the entire team, highlighting EACH player. "Did you see the run by Johnny in the last game?" (see the following email example)
3. Communicate with the league when they have questions.
4. Have **FUN**. Nobody will remember the record as much as they will remember your positive influence.

WHO TO CONTACT?

Jerseys/ Shorts

Flags/ Footballs, &

General Questions:

Mike - nccfnl.services@gmail.com

Lost & Found/

Snack Bar:

Lukas - diectorofoperationsfnl@gmail.com

Rosters:

Mike - nccfnl.services@gmail.com

Schedule:

Abby - nccfnllogistics@gmail.com

Awards:

Mike - nccfnl.services@gmail.com

Referee Feedback: Fill out form, then attach and email to nccfnl@gmail.com

EXAMPLE – Weekly Email to Parents:

Hey Team –

We will practice an hour right before our game.

Big Friday coming up – doubleheader after a week off. By way of reminder, we're on vs. Stanford at 4:20 PM at Poinsettia Community Park, Field #2, then we play our second game against Oklahoma at 5:10 PM, also on Field #2.

The season is hitting its stride and the boys are doing great! Johnny is catching everything in sight...Chris' snapping continues to improve...Daryl's a flag-pulling machine...Taylor is putting great pressure on the opposing QB...Zack's throwing the ball with zip....How about the defensive tandem of Tate and Aiden? They are doing awesome!

One thing you can help the coaches with is to remind your boys that we will play them in different positions throughout the game, but not to ask to play a certain position before each offensive play. We're doing the best we can to spread the ball around – it gets hard to “herd the cats” with everyone asking in the huddle. Just a positive reminder from you would be helpful.

Let me know if your child will not be at practice or the game this week so we can plan accordingly.

Thanks,
Coach _____

Cell:

Email: